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Fwd: Hike #3/Sunday March 15, 2009-Mt. Laguna

1 message

Maureen Weber <maureenweber@san.rr.com>**Tue, Mar 10, 2009 at 3:15 PM**

Date: Tue, 10 Mar 2009 08:18:09 -0700
Subject: Hike #3/Sunday March 15, 2009-Mt. Laguna
From: Jim Rodisch <navigator@sbcglobal.net>
To: Maureen Weber <maureenweber@san.rr.com>




Troop,
Find attached the Green Sheet and Permission slip for this Sunday's Hike to Mt. Laguna area on the PCT. We will all meet at La Jolla Presbyterian Church at 7am and leave from there. We should return between 2 and 3 pm. The cost is \$5 but we must know if you are attending by Thursday by notifying Eric Tarakjian, Scout Leader for this hike (858-456-0275 dtarakij@san.rr.com). So far we have 25 signed up:

Serge Decorte
Brendan/Jim Rodisch
Varun Rau
Eric/Denis Tarakjian
William Main/Bill Main
Andrew Jaye/Amy Chesire
Ben Castle
David/Tom Bache
Matthew/Kim Alessio
Eddie/Michelle Parker
Chris/Gary Foster
Austin/Kris Benham
James/Maianne Zappela
Nico Strom
Connor Hayden

For those interested here is a link to the Hike from Jerry Schad's hiking book (p. 263):
http://books.google.com/books?id=AqZUHkIaSXyC&pg=PA263&lpg=PA263&dq=mile+27.3+of+sunrise+highway&source=bl&ots=kvckkFiTA8&sig=Tn8KrlMO6u8wn0zLfFlaf_ro4G&hl=en&ei=WcS1Se_pNpmMsQOTy8zwCA&sa=X&oi=book_result&resnum=1&ct=result#PPA263,M1

Jim Rodisch
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3 attachments

-  **031509 Laguna Hike Green Sheet.doc**
53K
-  **San Diego Reader | Big Laguna Trail.pdf**
120K
-  **PARENT PERMISSION FORM.pdf**
107K

Big Laguna Trail/Cleveland National Forest

When/Location:	SUNDAY March 15, 2009 Everyone meet at LJ Presbyterian at 7:00 a.m. leaving 7:15 sharp. Return by 3:00 p.m. Directions: I-8 East to Sunrise Highway exit just after Pine Valley. (I-8/Sunrise Highway is mile marker 13.5). Drive north on Sunrise Highway from I-8 and go to Penny Pines parking area at mile 27.3 on the Sunrise Highway. Park on wide shoulder. An Adventure Pass from the National Parks is required. <u>Note Drivers are needed.</u>
Required	Parent Permission Slip (for all boys including those with parents attending).
Event/Advancement Fulfillment	3 rd 10-mile hike; one of the required hikes for the Hiking Merit Badge. This Hike can also be used to fulfill the Second Class (2a) and First Class (3) rank requirements.
Hike Route	This is a more challenging hike in the Laguna Mountain trail area. Relatively flat hike but elevation; rising to 5900 and dipping to 5400. This hike will take 6 hours with driving time approximately one hour each way. 4-mile segment of the Pacific Coast Trail (PCT). See 200 year old Jeffrey pines. At mile 2.5 we will hike past Big Laguna Lake (may have water) and Little Laguna Lake.
The Cost:	Cost is \$5.00 per hiker.
Food and Water	All scouts are must carry a Back Pack with extra socks and shoes. Carry minimum 2 quarts of water and maximum 4 quarts. Remember the sooner you get used to carrying the weight the better. Water must be in Backpack or Camelback type Backpack. Sports drinks can be used in place of water. Bring energy bars (at least 2-4) Be sure to bring a light lunch.
Clothes/Gear	Musts: <ul style="list-style-type: none">• Backpack (Camelback may be used is other items below fit)• 2-4 quarts of water (or sports drink)• Hiking Boots• Hat• Sun Screen• Comfortable clothes• Extra socks/shoes Optional: <ul style="list-style-type: none">• Compass• Whistle• Walking stick(s)
Scout Leader:	<i>Eric Tarakjian</i> (858) 456-0275 dtarakij@san.rr.com <i>Varun Rau</i>
Adult Leader:	<i>Jim Rodisch:</i> (858) 488-7002 navigator@sbcglobal.net

Big Laguna Trail

By Jerry Schad | Published Wednesday, Sept. 17, 2008

TEXT SIZE: [A](#) | [A](#) | [A](#)

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The six-mile-long Big Laguna Trail, high in the Laguna Mountains, wends its scenic way over gently rolling hills and grassy dales, never dipping below 5400 feet of elevation nor rising to more than 5900 feet. By combining the Big Laguna Trail (BLT) with a four-mile segment of the Pacific Crest Trail (PCT) as mapped here, you'll complete a loop hike of ten miles with lots of varied scenery.

Mountain bikers can use the Big Laguna Trail portion of the route described here, but bikes are prohibited on all parts of the PCT (the PCT is reserved for hikers, horses, and dogs). On a bike, however, you could close and shorten the loop by riding on Sunrise Highway.

You can start at the Penny Pines parking area, mile 27.3 on Sunrise Highway, about four miles north of the village of Mount Laguna. Whether you park here or at any other spot along Sunrise Highway, you'll need to post a National Forest Adventure Pass on your parked car. And don't forget to take plenty of drinking water.

Start by heading west on the Noble Canyon Trail. After 0.1 mile, veer left on the BLT. After another 0.8 mile through open pine and oak woods, the BLT turns south to skirt the margin of Laguna Meadow. By 2.5 miles into the hike, you'll be opposite Big Laguna Lake, which brims with water only during and for a few weeks after the rainy season of a typical year.

Next, the trail turns east toward an arm of Laguna Meadow that contains Little Laguna Lake (which is another ephemeral lake). When you reach a wire fence at 2.8 miles, don't go through the gap in the fence. Instead, turn abruptly right and follow the fenceline over to the wooded area on the meadow's east side. A spur trail branches left toward Laguna Campground, where water is available if you need it.

The main trail continues south along the meadow edge and then east to follow a shallow ravine. After a turn to the north and a short bit of steep climbing, you cross the graded Los Huecos Road (4.5 miles) and hook up with an old roadbed going east and later north. You ascend easily through chaparral highlighted by ceanothus, a.k.a. wild lilac.

When the old roadbed makes a hairpin turn to the right (at 5.0 miles), stay left on the footpath that continues through a gap in a wire fence. The path curls down through more pine and oak woods, crosses Sunrise Highway, and continues east, uphill, to join the PCT at 6.0 miles. Turn left there and return to your starting point by way of a rambling but scenic stretch of the PCT that follows the eastern escarpment of the Lagunas overlooking the Anza-Borrego desert.

This article contains information about a publicly owned recreation or wilderness area. Trails and pathways are not necessarily marked. Conditions can change rapidly. Hikers should be properly equipped and have safety and navigational skills. The Reader and Jerry Schad assume no responsibility for any adverse experience.

Big Laguna Trail

Hike through meadows and pine forests atop the mile-plus-high Laguna Mountain plateau.

Distance from downtown San Diego: 57 miles

Hiking length: 10 miles

Difficulty: Moderately strenuous



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COMMENTS

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Comment:



PARENT PERMISSION FORM

UNIT INFORMATION

Unit Type Pack Troop Team Crew Unit # _____ is planning a _____
 Date/s: From: ___ / ___ / ___ To: ___ / ___ / ___ Time From: ___ : ___ AM PM To: ___ : ___ AM PM
 Location _____ Site Phone () _____

ARRANGEMENTS FOR TRANSPORTATION

Time and place of departure _____
 Time and place of return _____
 Mode of transportation _____

LEADERS

Leader's Name _____ Position _____
 Leader's Name _____ Position _____

EXPENSES

Expenses Required _____
 Equipment and Clothing _____
 Camping _____ Food _____ Gas _____

✂ -----

Only BOYS with signed permission may participate / Return this portion to the leader by ___ / ___ / ___

EMERGENCY CONTACT

In case of unusual circumstances (major delays, etc.), the leader will contact:
 Name _____ Day Phone () _____ Evening Phone () _____
 Name _____ Day Phone () _____ Evening Phone () _____

IF I CANNOT BE REACHED IN THE EVENT OF AN EMERGENCY, THE FOLLOWING PERSON IS AUTHORIZED TO IN MY BEHALF:

Name _____ Relationship to Participant _____
 Address _____ City _____ State _____ Zip _____
 Day Phone () _____ Evening Phone () _____
 Physician's Name _____ Day Phone () _____
 Additional remarks, allergies or special medical consideration regarding my son _____

_____ Date of Last Tetanus ___ / ___ / ___

Who Will Notify the Parents: Leader _____ Day Phone () _____ Evening Phone () _____

My son _____ has permission to participate in _____ Date ___ / ___ / ___

He is in good health and may engage in all activities YES NO. If NO, list any exceptions: _____

During the activity, I may be reached at: Address _____ City _____ State _____ Zip _____
 Day Phone () _____ Evening Phone () _____

In case of an emergency, if none above can be contacted, I consent to treatment for my son under the supervision of and as deemed advisable by a physician licensed under the Medicine Practice Act. This provides authority pursuant to Section 25.8 of the California Civil Code.

Parent or Guardian's Name _____ Signature _____ Date ___ / ___ / ___
(PLEASE PRINT)