

## **GREEN SHEET – Troop 4**

### **Big Bear Skiing / Snowboarding Trip**

**Dates:** Friday, January 22nd through Sunday, January 24th

We will leave on Friday around 4:00 pm (or earlier if you can) and drive up to Big Bear Lake, which is about 3 hours north if there are no traffic delays. Each scout should make his own arrangement for carpooling with the adults driving and meet for departure where convenient for their group.

We will stay for 2 nights in a 4-bedroom home with pool table, spa, fireplace and more. Pillows and blankets are provided but you have to bring your own sleeping bag (or linens) and towels. If you need directions to get there or want more details on the unit, go to this link:

<http://www.happybearrentals.com/units/0160.html>

**Friday Night:** Everyone eats on their own on the drive up or once in Big Bear.

**Saturday morning:** Breakfast prepared by patrols. Early departure for the slopes; work on ski or snowboard merit badge. Purchase lunch at the station or bring your own lunch.

**Saturday Evening:** Dinner prepared by patrols, games.

**Sunday morning:** Breakfast prepared by patrols. Clean the condo and checkout. Ski or snowboard and have lots of fun. We will depart for San Diego between 1:00 pm & 4:30 pm and expect to be home about 3 hours later depending on the traffic. Each car will stop for dinner on their own on the way home.

**Cost:** \$200 includes lodging, 2-day ski lift, 2 breakfasts, Saturday dinner & mileage costs for drivers. You will have to bring money for one fast food dinner meal each way and for the 2 lunches on the slopes.

Space is limited to 18 participants, payment due by December 14<sup>th</sup> at the latest (at the December Court of Honors). Your spot is not confirmed until you have made your payment.

**Beginners:** If you have never skied or snowboarded before, you will have to take lessons on Saturday (& possibly Sunday) for about an extra \$35. Please check online to verify costs.

You should rent your ski gear in San Diego if at all possible. If your car driver is willing and is arriving in Big Bear on Friday early enough to rent it Friday night, you can arrange this. We do not want to rent at the slopes as it slows everyone down getting out to ski.

Intermediate skiers or snowboarders will be able to get their Snow Sport merit badge that weekend. For the requirements, go to:

<http://www.meritbadge.com/mb/135.htm>

For the Snow Sport worksheet:

<http://www.meritbadge.com/files/mb-docs/SnowSports.doc>

The release of liability and BSA permission slip (below) must be completed, signed and returned to Reid Abrams by Dec 14, 2009.

**Uniform:** Class B      **Leave your Game Boy or similar at home.** Cell phones are useful to stay in touch on the slopes.

**Adult Leaders:**

Reid Abrams; [raabrams@ucsd.edu](mailto:raabrams@ucsd.edu) 858/354-4263 -C, 454-6815 -H

Steve Hayden; [srh@ucsd.edu](mailto:srh@ucsd.edu) 858/354-8732 -C, 459-4494 -H

Lance Bridges; [Lance.Bridges@entropic.com](mailto:Lance.Bridges@entropic.com) 858/204-0407 - C

**Scout Leaders:**

Matt Allen; [wavedadd@aol.com](mailto:wavedadd@aol.com) 858/456-1300- H, 858/437-4393- C

Patrick Sapin; [muffinhat777@gmail.com](mailto:muffinhat777@gmail.com) 858/459-5936- H, 619/742-1221- C

**Directions to Big Bear Happy Bear rental unit**

*From The San Diego Area:*

Take Interstate 15 North, to the 215 North, to Interstate 10 East, to the 30 freeway North, to Hwy. 330 / Mtn. Resorts, which will take you up into the mountains. Hwy. 330 goes through Running Springs and turns into Hwy. 18. Follow Hwy. 18 East and turn right across the Big Bear Lake dam. Stay on Big Bear Blvd. for a few miles pass Boulder Bay area take a left on Blue Jay. Rental unit is on 714, Blue Jay.

**For the ski resorts:** Go through the Big Bear Village or turn left on Paine Rd., which turns into Big Bear Blvd.

**For Snow Summit:** stay on Big Bear Blvd. to Summit Blvd. and turn right. Follow this road to Snow Summit.

**For Bear Mountain:** stay on Big Bear Blvd to Moonridge Rd. and turn right. Follow this road and stay to the right as signs indicate.

## **SKI GEAR AND CLOTHING CHECKLIST:**

Skis, poles & boots or snowboard and boots  
Helmets for scouts  
Sunscreen and lip balm  
Parka or ski jacket  
Thermal underwear (one pair per day of skiing; lightweight synthetic fabrics are best)  
Insulated ski pants, snow suits or nylon shell to wear over warm pants  
Gloves or mittens  
Hats  
Goggles or sunglasses  
Neck gaiters  
Ski socks  
Turtlenecks  
Sweaters  
Street clothes for each day (place kids' outfits for each day in zippered plastic bags)  
Snow boots  
Undergarments  
Sleepwear  
Bathing suits

### **BASICS:**

Wallet and cash (you are responsible for your lunches and dinner up on Fri and back on Sun.)  
Eyeglasses and/or contact lenses (plus lens cleaner)  
Watch  
Medical insurance cards  
Prescriptions and other medications  
Itineraries, tickets and reservation confirmations  
Maps and directions  
Tote bag, waist pack or backpack for day use  
Camera  
Large plastic bags for laundry and wet items  
Small plastic bags  
Pocketknife  
Sunglasses  
Snacks/gum/ water bottles for car trip  
Wax for snowboard

### **TOILETRIES:**

Toothbrushes, toothpaste, dental floss and mouthwash  
Deodorant  
Combs, brushes  
Shampoo and conditioner  
Sunscreens and lip balm  
Lotions  
Nail clippers, scissors  
Tweezers  
Band aids, Tylenol, etc.

# PARENT PERMISSION FORM

## UNIT INFORMATION

Unit Type    Pack    **Troop** Team    Crew Unit **#4** is planning a **Snow sport trip**

Date/s: From: **01/22/10** To: **01/24/10** Time From: **4:00 PM Fri to 5pm Sunday**

Location: **Snow Summit Big Bear mountain** Site Phone (800) 766 9776

## ARRANGEMENTS FOR TRANSPORTATION

Time and place of departure: **San Diego, Friday 01/22/10 afternoon**

Time and place of return: **San Diego Sunday 01/24/10 evening**

Mode of transportation: **Personal vehicle**

**LEADERS** Leader's Name : **Reid Abrams** Position: **Adult Leader**

Leader's Name : **Steve Hayden, Lance Bridges** Position : **Adult Leaders**

## EXPENSES

Expenses Required **\$200 per participant including lodging , lift tickets, food for 2 breakfasts and one dinner, mileage expenses. Scouts should bring enough money to cover two lunches on slopes & 2 dinners on road.**

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**Only Scouts with signed permission may participate / Return this portion to:  
Reid Abrams by 12/14/09**

## EMERGENCY CONTACT

In case of unusual circumstances (major delays, etc.), the leader will contact:

Name \_\_\_\_\_ Day Phone ( ) \_\_\_\_\_ Evening Phone ( ) \_\_\_\_\_

Name \_\_\_\_\_ Day Phone ( ) \_\_\_\_\_ Evening Phone ( ) \_\_\_\_\_

## IF I CANNOT BE REACHED IN THE EVENT OF AN EMERGENCY, THE FOLLOWING PERSON IS AUTHORIZED TO ACT ON MY BEHALF:

Name \_\_\_\_\_ Relationship to Participant \_\_\_\_\_

Address \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_ Zip \_\_\_\_\_

Day Phone ( ) \_\_\_\_\_ Evening Phone ( ) \_\_\_\_\_

Physician's Name \_\_\_\_\_

Day Phone ( ) \_\_\_\_\_

Additional remarks, allergies or special medical consideration regarding my son \_\_\_\_\_

\_\_\_\_\_  
Date of Last Tetanus \_\_\_\_ / \_\_\_\_ / \_\_\_\_

Who Will Notify the Parents: Leader \_\_\_\_\_ Day Phone ( ) \_\_\_\_\_

Evening Phone ( ) \_\_\_\_\_

My son \_\_\_\_\_ has permission to participate in \_\_\_\_\_

\_\_\_\_\_  
Date \_\_\_\_ / \_\_\_\_ / \_\_\_\_

He is in good health and may engage in all activities \_ YES \_ NO. If NO, list any exceptions: \_\_\_\_\_

\_\_\_\_\_  
During the activity, I may be reached at: Address \_\_\_\_\_ City \_\_\_\_\_

State \_\_\_\_ Zip \_\_\_\_\_

Day Phone ( ) \_\_\_\_\_ Evening Phone ( ) \_\_\_\_\_

In case of an emergency, if none above can be contacted, I consent to treatment for my son under the supervision of and as deemed advisable by a physician licensed under the Medicine Practice Act. This provides authority pursuant to Section 25.8 of the California Civil Code.

Parent or Guardian's Name \_\_\_\_\_

Signature \_\_\_\_\_ Date \_\_\_\_ / \_\_\_\_ / \_\_\_\_

**(PLEASE PRINT)**